## **AFTERCARE**



## LUMI EYE AFTERCARE

Lumi Eye treatments require minimal downtime and as such you can return to work immediately after your treatment in most cases. There may be some slight redness or bruising and this is normal after any injectable treatment.

- Post-treatment you may see visible 'blebs' or raised bumps at the injection sites
- For 4 days after treatment, do not expose yourself to direct sunlight
- Use SPF 50 sunscreen whenever you go outside
- Avoid vigorous exercise for 7 days following your procedure
- Avoid the sauna, swimming pool, gyms, hot baths, solariums
- Do not use chemical peels or perform strong cosmetic products in the treated area for a few days after the treatment
- Do not drink alcohol for 24 hours
- Do not use make-up for 48 hours after treatment, to prevent infection
- Make sure you follow the rules of hygiene: dry your face with disposable towels, tone the skin, keep make-up brushes, and sponges clean, regularly change bath and hand towels, avoid touching your face, replace clean sheets for the post-treatment period.

## Potential side effects can include:

- Mild swelling in the area of application
- Slight redness and small injection marks
- Mild bruising due to skin pricking
- Erythema, itching, irritation
- Possible allergic reactions to the products used during the treatment

If you have any concerns following treatment, do not hesitate to contact us on 07907 005255. If this is outside of normal hours, please leave an answerphone message and we will normally get straight back to you.