

AFTERCARE



SEVENTY HYAL AFTERCARE

Seventy Hyal treatments require minimal downtime and as such you can return to work immediately after your treatment in most cases. There may be some slight redness or bruising and this is normal after any injectable treatment.

- Post-treatment you may see visible 'blebs' or raised bumps at the injection sites
- Other typical side effects include swelling, minor bruising and itchiness as the skin heals. These symptoms are normal and should subside within 24 hours
- Your skin needs time to heal for optimal results. You should avoid strenuous exercise for 24 hours after treatment
- You should continue to avoid skincare actives like vitamin C, retinol and AHA/BHAs for 24 hours
- It is also best to avoid oil-based makeup, so if you can go bare-faced, you should do so whilst the skin heals
- You should also avoid direct heat such as saunas and sun bathing for 7 days after treatment.
- It's important to note that you should avoid treatments such as facials, facial waxing, chemical peels, IPL, laser or microdermabrasion for two weeks after treatment. If you are going to a different practitioner for any of the above, it's important to let them know that you have recently undergone a skin booster treatment, as your complexion is likely to be more sensitive.

If you have any concerns following treatment, do not hesitate to contact us on 07907 005255. If this is outside of normal hours, please leave an answerphone message and we will normally get straight back to you.